

Date of surgery:

.....

Time to arrive:

.....

Follow up appointment:

.....

Come to **North Cambs Hospital**

Report to ACES Theatre (middle doors)

If you have any problems
Contact us on:

01945 466222

Please do not drive to this appointment

Please avoid wearing eye make-up

Please bring this leaflet with you



Anglia Community Eye

Minor Surgery Information

If you would like to be seen by ACES please talk to your GP or Optometrist.

For more information contact us on

01945 466222

Or

ACES

North Cambs Hospital

The Park

Wisbech

Cambridgeshire

PE13 3AB

Or

www.aces-eyeclinic.co.uk

ACES is regulated by the Care Quality Commission. Our information file, including our statement of purpose, can be found in the patient waiting area. Disabled access is available.

CQC can be contacted on **03000 616161** or **enquires@cqc.org.uk**

www.cqc.org.uk

Finsbury Tower

103-105 Bunhill Row

London EC1Y 8TG

If you have any concerns, comments or complaints about the information in this leaflet or about your treatment with ACES, please contact:



Introduction

Following your visit to the eye clinic we have arranged for you to come back for some eye or lid surgery. The nature of the surgery will have been discussed with you in the clinic by the consultant.
You will find details of your admission date and time on the back of this leaflet. We will also confirm these arrangements by letter.

Why is the surgery necessary?

Usually surgery is suggested to improve the appearance or relieve discomfort. Occasionally it is designed to assist in diagnosis or to allow a lesion to be looked at under the microscope.

Are there any alternatives?

We will have discussed this with you in the clinic. Surgery will only have been suggested if it is the best or only option to treat your condition.

Where will the surgery be done?

At North Cambs Hospital

What will happen when I come for my surgery?

When you arrive at the hospital please proceed to **ACES theatre**. You will meet the nurse that you saw in clinic. She will check your details and the procedure you are expecting to have. The consultant will also see you and give you the opportunity to ask any further questions. He will then ask you to sign the consent form if this was not done in clinic. Either the consultant or nurse will mark the area that is to be operated on.

Do I need to make any special arrangements?

You should eat and drink as usual. You should take your normal medication as usual. Wear something comfortable as we will not need you to change when you are with us. You should ensure that you have simple pain relief tablets available as sometimes the eye or lid can be a little sore after the procedure.

Can I drive to the appointment?

Try to get someone to bring you to the appointment. **You should not drive** unless you have checked with us beforehand that this is ok.

Will I have an anaesthetic?

All of these procedures are carried out under local anaesthetic. This will either be just eye drops or a combination of both drops and a small injection, similar to when you have a tooth filled at the dentist. This will have been discussed at the clinic and before you sign your consent form.

Are there any risks of surgery?

Every procedure is different so we will have discussed any specific complications or risks with you in the clinic. It is quite common to get some discomfort after surgery. Please arrange to have some pain relief tablets available at home. Occasionally bleeding occurs at the wound site. Gentle pressure for several minutes should stop this. There is a small chance of infection. You will have been given antibiotic drops or ointment if this is likely. If you think the wound has become infected contact us on the number on the back of this leaflet.

After your Surgery

You will go back to the waiting area where you will be offered light refreshments. Your eye may feel a little strange or numb. This is perfectly normal and can last an hour or two. Some patients have a pad over the eye after surgery. The nurse will tell you how long to keep this on. The nurse will check you before you leave. She will give you any drops you need. She will also give you a review appointment if this is needed.

At Home

If you have a pad or dressing over the eye this can be removed after 24hrs unless the nurse or doctor have advised you otherwise. If you have had stitches you will have been advised if they need to be removed. Don't worry if the stitches aren't removed. Most lid surgery is done with dissolving stitches. Try to keep the wound dry for at least 24 hrs Do not rub or wash the area too vigorously for 2 or 3 days.

Is the surgery guaranteed to work?

Procedures such as removal of a cyst or swelling are over 99% successful. Unfortunately many procedures are less predictable and it is not possible to be so certain of success. Occasionally we can predict that a procedure will need to be repeated or a further operation may be needed. We will have discussed this with you before we operate.