

Your Appointment

Date.....

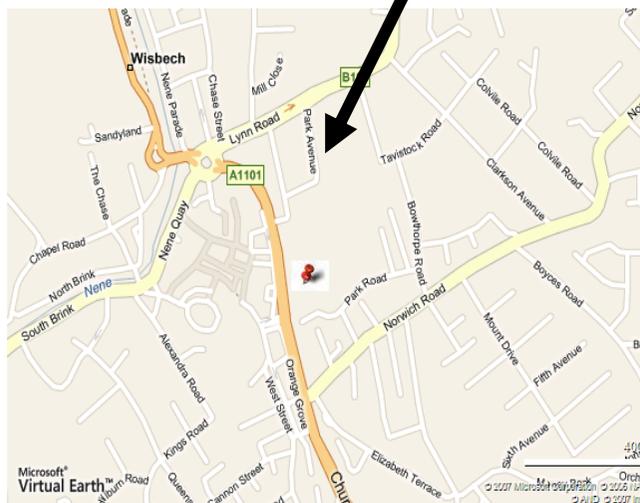
Time.....

Do Not Drive to this appointment

Come to:

North Cambridgeshire Hospital
The Park
Wisbech
Cambridgeshire
PE13 3AB

Phone 01945 466222



*Anglia Community
Eye Service*

*Yag Laser
Capsulotomy*

If you would like to be seen by ACES please talk to your GP or Optometrist.

For more information contact us on

01945 466222

Or

ACES

North Cambridgeshire Hospital

The Park

Wisbech

Cambridgeshire

PE13 3AB

Or

www.aces-eyeclinic.co.uk

ACES is regulated by the Care Quality Commission. Our information file, including our statement of purpose, can be found in the patient waiting area. Disabled access is available.

CQC can be contacted on 03000 616161 or

enquires@cqc.org.uk

www.cqc.org.uk

Finsbury Tower

103-105 Bunhill Row

London EC1Y 8TG

If you have any concerns, comments or complaints about the information in this leaflet or about your treatment with ACES, please contact:

01945 466222

and ask to speak to the Registered Manager.



Your Optometrist has asked us to see you to see if we can help improve your vision with Laser treatment.

Why do I need Laser?

When your cataract surgery was performed The Surgeon deliberately left part of the original lens in place to help support the new plastic lens. It also helped to minimise the risk of complications immediately after surgery.

Despite regular improvements in surgical techniques and plastic lens design in up to 1 in 4 people this part becomes foggy over a period of time. It can happen any time between a few months to several years after the surgery.

What is a Laser?

A laser is a machine which concentrates the energy in light and delivers this energy in a very precise and accurate way. We attach the laser to the normal slit-lamp microscope used in clinic.

The laser for this treatment uses light just above the normal visible spectrum. You will not see a bright flash of light or be dazzled during the procedure. You will just hear some clicks.

You will see a small red light, similar to the one used at the supermarket checkout or in a cd player. This tells us where the laser is focussed in your eye.

How will this help me?

We can focus the laser very accurately on the foggy capsule. The energy causes the capsule to break which allows more light to get in to the eye.

What happens during my appointment?

When you attend for your appointment you will be seen by a Consultant who will check that your eye is suitable for treatment.

You will have the opportunity to discuss any concerns at this stage.

We will put drops in your eye to dilate your pupil. This lets us get a good view of the foggy capsule and the back of the eye. They take 15 minutes to work.

We will position you comfortably at the laser. We will then put in anaesthetic drops to make the procedure comfortable.

We will put a contact lens on the eye to minimise the amount of laser energy needed. This feels a little odd but is not uncomfortable.

The laser takes about 5- 10 minutes. As described you will not be dazzled by a bright light you will just hear some clicks. Occasionally people say it feels like a tiny tap on the eye.

At the end of the procedure more drops are put in the eye to help stabilise the pressure and stop the eye becoming inflamed. You can then go home.

You may be given drops to take at home.

You may be given a follow up appointment.

You will be with us for about 30 minutes in total.

Please do not drive to this appointment.

Is it safe?

Many thousands of these procedures have been performed over 20 + years and it is very safe.

When will my vision improve?

If your eye is otherwise healthy you should expect to see an improvement within 24 hrs. Sometimes it takes a little longer. Improvement can continue for several days.

Are there any complications?

It is very common to see floaters for the first few days after treatment. They will gradually disappear.

Sometimes the eye becomes inflamed or the pressure rises. You will have been given drops to take home if we feel your eye is at particular risk

The retina can become bruised but this normally settles in a week or two. Your vision may deteriorate slightly whilst this settles.

Very rarely the plastic lens is damaged but this should not cause any significant change to your vision.

There is a very small increased risk of retinal detachment, particularly if you are very short-sighted. This will be explained when we see you.