

Your Appointment

Date.....

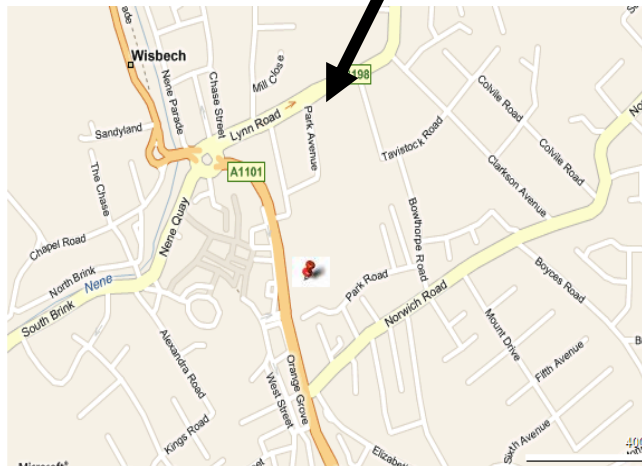
Time.....

Do Not Drive to this appointment

Come to:

North Cambridgeshire Hospital
The Park
Wisbech
Cambridgeshire
PE13 3AB

Phone 01945 466222



Anglia Community Eye Service

Yag Laser Iridotomy

If you would like to be seen by ACES please talk to your GP or Optometrist.

For more information contact us on

01945 466222

Or

ACES

North Cambridgeshire Hospital

The Park

Wisbech

Cambridgeshire

PE13 3AB

Or

www.aces-eyeclinic.co.uk

ACES is regulated by the Care Quality Commission. Our information file, including our statement of purpose, can be found in the patient waiting area. Disabled access is available.

CQC can be contacted on 03000 616161 or

enquires@cqc.org.uk

www.cqc.org.uk

Finsbury Tower

103-105 Bunhill Row

London EC1Y 8TG

If you have any concerns, comments or complaints about the information in this leaflet or about your treatment with ACES, please contact:

01945 466222

and ask to speak to the Registered Manager.



You have been diagnosed with (or having the potential to develop) problems with the circulation of the fluid within your eye. This is often due to the shape of your eye and can be picked up during an otherwise routine eye test. It can lead to a very painful type of glaucoma called angle closure glaucoma.

The simplest form of treatment for this condition is laser treatment. Occasionally, if laser treatment is not suitable for you formal surgery in the eye theatre may be required.

Both treatments help the fluid pass more freely within your eye.

Because this type of glaucoma can happen in both eyes, the treatment is usually performed on both eyes at the same appointment. It is better to prevent this type of glaucoma from happening rather than wait till you develop a painful eye and damage your vision.

What is a Laser?

A laser is a machine which concentrates the energy in light and delivers this energy in a very precise and accurate way. We attach the laser to the normal slit-lamp microscope used in clinic.

The laser for this treatment uses light just above the normal visible spectrum. You will not see a bright flash of light; you will just hear some clicks.

You will see a small red light, similar to the one used at the supermarket checkout or in a cd player. This tells us where the laser is focussed in your eye.

What happens during my appointment?

When you attend for your appointment you will be seen by a Consultant who will check that your eye is suitable for treatment. You will have the opportunity to discuss any concerns at this stage.

We will put drops in your eye to constrict your pupil. This lets us get a good view of the peripheral iris (coloured part) where the laser is applied. They take 15 minutes to work. They may blur your vision for several hours.

We will position you comfortably at the laser. We will then put in anaesthetic drops to make the procedure comfortable.

We will put a contact lens on the eye to minimise the amount of laser energy needed. This feels a little odd but is not uncomfortable.

The laser takes a few minutes. As described you will not be dazzled by a bright light you will just hear some clicks. Occasionally people say it feels like a tiny tap on the eye.

At the end of the procedure more drops are put in the eye to help stabilise the pressure and stop the eye becoming inflamed. You can then go home.

You may be given drops to take at home.

You will be with us for about 30 minutes in total.

Please do not drive to this appointment.

Is it safe?

Many thousands of this procedure have been performed over 20 + years and it is very safe.

Are there any complications?

Sometimes the eye becomes inflamed or the pressure rises. You will have been given drops to take home if we feel your eye is at particular risk.

The retina can become bruised but this normally settles in a week or two. Your vision may deteriorate slightly whilst this settles.

It is not uncommon for bleeding, inside the eye, from the laser burn at the time of treatment – this will clear in a few days.

Remember

Your vision may be a little hazy for a number of hours after the treatment. So remember not to drive until it clears.

Take any glaucoma drops as usual. Additional drops may be given to you after the treatment, so make sure you understand which drops you should be using and how frequently to put them in before you leave the clinic.

Ask the nurse or doctor if you are unsure.